

GARMENT FITTING GUIDE

Syzmik apparel sizes are designed to fit average industry standards for the below body measurements. Please use the below guide to compare your own measurements and help you determine which size to order.

MENS

SHIRTS	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	7XL
To fit neck (cm)	36	38	40	42	44	46	48	50	53	56	60
To fit chest (cm)	87	92	97	102	107	112	117	122	135	145	160

POLOS	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	7XL
To fit chest (cm)	87	92	97	102	107	112	117	122	135	145	160

TROUSERS & SHORTS	72	77	82	87	92	97	102	107	112	117	122	127	132
To fit waist (cm)	72	77	82	87	92	97	102	107	112	117	122	127	132
Out-leg pant (cm)	108	109	110	111	112	112	113	113	113	113	113	113	113
Out-leg short (cm)	56	56	56	56	56	56.5	57	57	57.5	58	58	58.5	58.5

FLEECE & OUTERWEAR	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	7XL
To fit chest (cm)	87	92	97	102	107	112	117	122	135	145	160

WOMENS

SHIRTS	8	10	12	14	16	18	20	22	24
To fit chest (cm)	89	94	99	104	111	116	121	126	131

POLOS	8	10	12	14	16	18	20	22	24
To fit chest (cm)	89	94	99	104	111	116	121	126	131

TROUSERS & SHORTS	8	10	12	14	16	18	20	22	24
To fit waist (cm)	71	76	81	86	93	98	103	108	113
Out-leg pant (cm)	102.8	103.4	104	104.6	105.2	105.8	106.4	107	107.6
Out-leg short (cm)	47.8	48.4	49	49.6	50.2	50.8	50.8	51.4	52